# How to use the Rent-a-cycle

### Rental Fee As of 2021 1

Туре	Period	Fee	Deposit
Adult	One day	¥2,000	¥1,100 (12 and under)
Child (12 and under)	One day	¥ 500	
Tandem Bicycle	One day	¥3,000	
Electric Assist Bicycle	Up to six hours	¥2,500	

Both a fee and a deposit are required. The deposit will be returned if you return the bicycle to the same terminal or the same island terminal where you rent a bicycle, but the denosit will not be refunded if the bicycle is returned to a terminal on another island. Electric assist bicycles and tandem bicycles must be returned to the terminal they are rented from.

### ■ Bicycle Renting Advice

- Choose a bicycle and helmet that suits your physique and riding style Helmets are available at no extra charge.
- All the bicycles have flat pedals. There are no clip-style pedals
- The user application you receive when renting the bicycle will be needed when returning it, and in case the bicycle breaks.

### Returning a bicycle

- Please return your bicycle to a terminal during its business hours, and give your user application form to the staff.
- If you are going to be later than its business hours, please contact the terminal where you plan to return the bicycle and follow the instructions of Additional fee will be charged for returns after business hours, but early
- returns are not eligible for a discount.

# Road Signs for Cyclists

All along the recommended cycling courses (Marked by dotted lines on the reverse map) are these designated signs indicating the location of the cycling route.



Ikuchijima

Island



 Onomichi Station F-3 - Onomichi Port (Operating Hours 6:40am-7:00pm) F-3

-Habu Port (Operating Hours 6:00am-7:00pm) E--Setoda Port (Operating Hours 6:20am-9:05pm) E-2

"Shimanami-no-eki Mishima"(Operating Hours 8:30am-5:00pm) D-1

- "Tatara Shimanami Park"(Operating Hours 24H) D-2 "Hakata S•C Park"(Operating Hours 24H)
- "Yoshiumi Ikiiki Hall"(Operating Hours 24H) Sunrise Itoyama (Operating Hours 7:00am-11:00pm) B-2
- Imabari Station A-3 • Imabari Port Community Center (Operating Hours 6:00am-11:00pm) A-3

Onomichi Onomichi Port (Ekimae-kowan Car Park)

Island Setoda Sunset Beach

Hakatajima Is. | 13 | Makata S.C Park"

Ohmishima 6 Tatara Shimanami Park"

Ohshima 9 Miyakubo Tourist Information

Sunrise Itoyama

JR Imabari Station

"Yoshiumi Ikiiki Hall"

**Rent-a-cycle Terminal Information** 

Onomichi Shimin Center "Mukaishima"

Setoda-cho Tourist Information Center

🚮 "Shimanami-no-eki Mishima"

Imabari Port Community Center

(\*1): no reservations during Golden Week. (April 29 to early May) (first come, first served)

Innoshima Is. 3 Habu Port (Municipal Central Car Park) (Dec-Feb) 8:30am - 6:00pm | 0845-22-3362

## Public Transport Information (for when you just can't cycle anymore

By using buses and ferries, it's possible to leave your bicycle at the nearest rent-a-cycle terminal and take public transport back to your starting point. Ferries allow bicycles on board as well. Check the map on the reverse for locations of bus stops and ferry landings.

pproximate Schedule	Approximate Rates	
Once per hour	¥ 320-2,600	
Once or twice per hour	¥ 140-1,240	
Once or twice per hour	¥ 140-960	
Once or twice every two hours	¥ 150-1,200(400)	
Nine per day (of which two don't allow bicycles)	¥ 150-1,780(580)	

- The fares may be changed due to the increase of consumption tax, etc.
- ( ): additional fee for bringing a bicycle on board
- To get from Onomichi to Imabari, it's necessary to transfer buses at the Innoshima Ohashi Bus Stop (the Ohama Parking Area) (A) and (C)



mabari-ekimae

Telephone GMCET

0845-27-0051

0845-27-1100

0897-87-3855

0897-82-0002

0897-72-0018 ( )

0897-74-1074

0897-84-3233

0898-41-3196

0898-35-5090

0898-34-3190

(Mar- Nov) 7:00am - 7:00pm

(Dec- Feb) 8:00am - 6:00pm

9:00am - 5:00pm

9:00am - 5:00pm

9:00am - 5:00pm

8:30am - 5:00pm

9:00am - 5:00pm

9:00am - 5:00pm

9:00am - 5:00pm

8:00am - 8:00pm

9:00am - 5:00pm

8:00am - 8:00pm

(\*2): You can return your bike at some provided hotels and ryokan in Imabari City. However the deposit won't be refunded if you return your bike at these locations.

Children's Bicycle Available Types of bicycles

# Please obey Japanese traffic laws

for a safe and enjoyable journey.

1 Stick to the car lane, using the pedestrian lane only when necessary. 2 Keep to the left side of the road.

3 Pedestrians have the right of way. Avoid pedestrians by switching to the car lane. 4 Obey safety rules.

A. No drunk driving Walk Lane Car Lane No riding double No riding side-by-side B. Use a light at night C. Obey traffic lights Wear a helmet. Keep to the left side at the car lane

## Location Marker

signboards that indicate the distances from the landmark in each island are located at intervals of 500 meters along the cycling roads. In case of an emergency, when calling the police, ambulance and rent-a-cycle terminals please use these location markers to tell where They are conveniently placed on curbs, seawalls and guardrails along the ocean.



# ■ Safe Cycling

Whenever possible, have a

Japanese speaker make the call.

We don't recommend that you cross Onomichi bridge, because Onomichi bridge has only narrow pedestrian lane and the traffic is heavy, and Shin-Onomichi bridge is an expressway. Please take a ferry.



In case of emergency 110 (Police) 119 (Ambulance) These emergency numbers can be called at no charge.



T 03-3201-3331

**2** 0476-30-3383

**2** 0476-34-5877

**2** 0569-38-7388

**2** 072-456-6160

**2** 082-263-5120

**2** 082-247-6738

**2** 084-922-2869

**2** 0848-20-0005

**2** 089-943-8342

Please contact the terminal where you rented the bicycle if you get in an accident or experience a problem with the bicycle. Please understand no one is at the terminal out of business hours \*Contact information is listed on the back of the user application form.

Principal Bus Stop

Ferry Route (1)

Expressway

Regional Road

Railway Station

★ Rent-a-cycle Terminal

G: General Use

M: Mountain Bike

E: Electric Assist

T: Tandem

C: Cross Bike

Inter Change

(One Way Traffic)

# English speaking staff on duty

◆ Tourist Information Center (TIC) Never Closed Day Shin-tokyo Building 1F (Keiyō Line Tokyo Station, Exit 6) Narita Airport Terminal No.1, Arrivals Lobby 1F Narita Airport Terminal No.2, Arrivals Lobby 1F Central Japan International Airport, Arrivals Lobby 2F Kansai International Airport Building 1F

**♦ Hiroshima City Tourist Information** 

In JR Hiroshima Station (Shinkansen Exit 2F) In JR Hiroshima Station (South Exit) Rest House in Peace Memorial Park

◆ Fukuyama Tourist Information H-4

In JR Fukuyama Station ◆ Onomichi Tourist Information F-3

In JR Onomichi Station Dogo Information

In front of Dogo Onsen Station, Matsuyama city

◆ Imabari Tourist Information Center A-3 In JR Imabari Station

**2** 0898-36-1118

# Five Rules for Safe Cycling (Japan Police) Recommended Cycling Course

aze-like streets in this nostal

Senkoii Park G-3 千光寺公

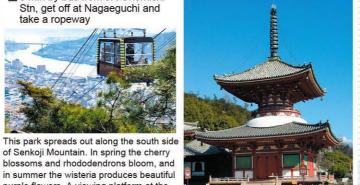
3 0848-22-4900

take a ropeway



# This local classic features soy

sauce-flavored soup, stock made from 9:00am - 5:15pm (ropeway) None chicken and Seto Inland Sea fish, firm, One-way ¥320, Round-trip ¥500 flat noodles, and a topping of pork back fat. Costs ¥500 to ¥700 per bowl. ⚠ 3 min by bus from JR Onomichi



purple flowers. A viewing platform at the top of the mountain offers an excellent view of the Seto Inland Sea and its many beautiful islands

# nadari 今治 abari castle is at the center o

Imabari is outstanding for yakitori chicken in Japan. The style of cooking it on an iron griddle is unique to this area. A popular menu item at local vakitori restaurants is a type of fried chicken called "Senzanki."Staff at the Imabari Area Tourist Information center at JR Imabari Station have information about local yakitori restaurants.

mabari Castle 🗚 🧇 🦀

□ 0898-31-9233

9:00am - 5:00pm

C December 29-31

### Sunrise Itovama B-2 サンライ 0898-41-3196

Check-in 3:00pm, Check-out 10:00am One Stay 1 person ¥4,400 No Meals 2-3 persons ¥ 3,300

4 persons + ¥ 2,750 A 20 min by bus from JR Imabari Stn. Get off at Itovama Tenbodai Iriguchi

15 min walk from JR Imabari Stn. Starting point of Shimanami Kaido The castle moat is unique for using water taken from the sea. The castle Cycling on the Imabari side. Various types of rental bikes are available. tower features a lookout and a display Visitors can enjoy food at the restaurant room, which features samurai armor, and also stay the night here. helmets, and swords.

¥ 520





Seto Inland Sea to the Shikoku Mountains.

JR Onomichi Stn. Mukaishima Orchid Center Marine Youth Center How to return to Onomichi

JR Onomichi Station Mukaishima Orchid Center

→ Takamiyama Observatory Deck → Innoshima Amenity Park

The Onomichi-suido Channel is a symbol of this port town. Cross the channel by

ferry and see some beautiful orchids at the Mukaishima Orchid Center and admire

the beautiful view of the Seto Inland Sea from the top of Mt. Takami National Park.

283m above sea level. Cross the white suspension bridge to get to Innoshima.

JR Onomichi Station F-3

Onomichi Ferry Boat G-3

shortest ferry ride in the world

**◎** 9:00am - 5:00pm **◎** Tue

home-style Japanese curry.

A hub for JR trains, highway buses, and ferries. Also

on duty). Local shops and temples are just a step

Onomichi-suido Channel in what is said to be the

Mukaishima Orchid Center F-3

Mukaishima's warm climate is ideal for growing

Takamiyama Observatory Deck F-3

The observatory deck offers views on all four sides,

For details, see the left side, "Public Transport Information"

Miyakubo Tourist Information

Fresh seafood from the Kurushima Strait is for sale, as

well as locally prepared specialties and produce. There's

also a restaurant using local ingredients. Try the popular

Roses bloom from mid-May to the end of December.

June, and again from mid-October to early November.

The Murakami Kaizoku were active in the 15-16th

Sea. Visitors can try on kimono and armor for free.

C-3 9:00am - 4:00pm E ¥1,200

ocean flows as if it were a river

Sunrise Itoyama

Same as above Murakami Kaizoku Museum

of the ancient Murakami Kaizoku castles. The tidal

current reaches speeds of up to 10 knots, and the

How to return to Sunrise Itoyama

using public transportation:

A strong tidal current surrounds Noshima, site of one

Yoshiumi Ikiiki Hall

For details, see the left side, "Public Transport Information" and the map on the backside.

Yoshiumi Rose Park

Mon (open Mondays and closed the following day when

Monday is a holiday) and during the New Years holidays

centuries, controlling traffic and trade on the Seto Inland

Noshima Suigun Experience the tides

The roses are at their peak from mid-May to early

Murakami Kaizoku Museum C-3

Sunrise Itoyama 😝 Yoshiumi Rose Park

Experience the tides, which you can experience the strong tidal current, departs from the port outside the museum.

where visitors can look out over the island-dotted

using public transportation:

Yoshiumi Ikiiki Hall B-3

Yoshiumi Rose Park C-3

O Free E Free C None

■ 9:00am - 5:00pm ■ Jan. 1

seafood barbecue!

delicate orchids. The restaurant makes good

four minutes. It crosses the narrow, river-like

has a tourist information desk (English speaking stuff

This ferry connects Onomichi and Mukaishima in just

Mukaishima island bus: Get on at • Marine Youth Center Iriguchi, get off at Tozai bashi, walk, get on Onomichi Ferry Boat.

Bus: Get on at Habu Port-mae.

nnoshima Amenity Park 🚧 Innoshima Suigunjo Castle 😝 Hon'inbo Shusaku Igo Memorial Hal

Innoshima Park 😝 Habu Port 😝 Ikuchi bridge Memorial Park

The Suigun Skyline is the site of a steep cycling course for advanced riders.

pirates are displayed here. The Murakami Suigun was

and the former home of legendary Go master Honinbo Shusaku.

Innoshima Amenity Park F-3

Innoshima Suigun Castle E-3

The Innoshima Amenity Pool features waterslides,

and is good for a full day of fun. Shimanami Beach is

**©** 9:30am - 5:00pm (entry by 4:30pm) **■** ¥330 **©** Thu

The weapons and armor used by the Murakami Suigun

active all around the Seto Inland Sea during 15-16th

centuries. Step back to that time with a castle visit.

Hon'inbo Shusaku Igo Memorial Hall E-3

Hon'inbo Shusaku was active during the Bakumatsu

era (mid-1800s). He was the strongest Go player in

history. Come see Shusaku's personal effects and

View the countless islands that dot the Seto Inland

Sea. Inside the park is a 5m tall statue of Kukai, a

Innoshima Park E-4

Innoshima Amenity Park

omenade, and a viewing platform.

learn about the history and culture of the game of Go.

■ 10:00am - 5:00pm (entry by 4:30pm) ■ ¥310 ■ Tue

Innoshima is full of fascinating history, including Japan's only suigun (pirate) castle,

Miyakubo Tourist Information Funaori Seto Strait Stunning Deck Dolphin Farm Shimanami Road Side Station "Hakata S·C Park"

Rent your bicycle at Sunrise Itoyama. After experiencing three glorious suspension bridges "Kurushima Kaikyo Bridge", take Cross over the Hakata-Ohshima bridge to Hakatajima while looking down on the a break at Yoshiumi Rose Park which is another 5km away. In Ohshima Island, enjoy Murakami Kaizoku Museum which ruins of Noshima castle. Stop to watch the rapid tidal current of the Funaori Seto exhibits the history of Murakami pirates and land on Noshima, the home of the Noshima Murakamis. Noshima Suigun Strait, Enjoy an iconic view of Imabari City along the way. Stop at the Hakata S·C Park for some of their famous salty soft serve ice cream.

## Noshima Island C-3

See the castle remains of the Noshima Murakamis as you pass by in the Noshima Suigun Experience the

Funaori Seto Strait Stunning Deck C-3 The river-like current in the Funaori Seto Strait is so strong that it breaks boats, hence the "funaori" name. which means "break a boat". There's a campsite

Dolphin Farm Shimanami C-3 9:00am - 5:00pm Poor weather days

Swimming: ¥9.000 (Mar. 15 - Oct. 31) / ¥5.000 (Nov. 1-Mar. 14), Viewing: ¥500, Touch: ¥5,000 Japan's largest dolphin facility where you can enjoy getting close to dolphines and whales. There are two courses:

swimming and petting, to interact with dolphines and whales.

Hakata Salt Soft Ice Cream C-3 (Road Side Station "Hakata S·C Park") **○** 9:00am - 5:00pm **○** None **○** ¥350 Some people come all the way to Hakatajima

just to sample this treat: soft ice cream made with Hakata salt Miyakubo Tourist Information Hakata S·C Park

Ohshima island bus: Get on at ! Ohshima eigyosho, transfer at Ishibunka Field Park to (3), get off at Hakatajima, get off at Umashima, walk.

Bus: B Get on at

Umashima, walk.

of the state of th

Tatara Shimanami Park

Bus: (3) Get on at Ohmishima, get off at

\*Umashima, walk.

Bus: (3) Get on at Ovamazumi Shrine, get off at Umashima, walk.

lkuchi bridge Memorial Park ↔ Dolce ↔ Kosanji Temple Museum



70km / 8–10 hours

A Cycling Route with

and pedestrians. Alongside the highway is a cycling route, and there are rent-a-cycle terminals stationed in several places along the route. It's easy to rent a bicycle and enjoy cycling while seeing the beautiful scenery of the Seto Inland

Shimanami Japan Honshu-Shikoku Bridge Expressway Association

Setouchi Shimanami Kaido, which connects the towns of Onomichi and Imabari, is predominantly a car highway, but the bridge segments of the route are also open to cyclists

farmer's market with the beautiful sea view. Santo Murakami Memorial Museum of Calligraphy D-2 9:00am-5:00pm F ¥520 Mon(with exceptions). New years Holida

➤ SetodaSunset Beach → Road Side Station "Tatara Shimanami Park"

The Ikuchijima leg of the cycling course is relatively flat, and features the most

groves, and historical and cultural attractions.

● 9:00am - 5:00pm (entry by 4:30pm) ■ ¥1,400 ■ None

structures from the 6th century to the 19th century are

800m of white sandy beach and a seaside sports park.

Setoda Information Center Setoda Sunset Beach

Road Side Station "Shimanami-no-eki Mishima"

Amazaki Castle Ruins(Kojojima Island) D-2

approximately 1300 years ago. Remains of stone walls

and holes for pier pilings become visible during low tide.

Road Side Station "Tatara Shimanami Park" D-2

The castle was said to have been built on this island

Road Side Station "Tatara Shimanami Park"

products, a popular seafood restaurant, and a

The beach features facilities for marine sports.

camping and a restaurant. Stay around for the

replicated here. The site also features Miraishin no

Citrus fruits grown in Setoda are harvested from

Kosanji Temple Museum E-2

Replicas of well-known Buddhist architectural

Shiomachi Shopping Street E-2

This 600m-long shopping arcade stretches

from Setoda Port to the Kosanji Temple

Setoda Sunset Beach D-2

Ferry: Get on at ( ) Setoda Port,

Museum. Enjoy the old-fashioned

atmosphere while having a meal or

shopping for souvenirs.

gorgeous red sky at sunset.

get off at Onomichi Port.

Oka, a garden made of white marble.

November to April and made into delicious gelato.

Dolce E-2

wellknown bridge of the Shimanami Kaido, Tatara Bridge. The island features citrus

The works of Ohmishima calligraphy artist Santo Murakami are on display at this museum. Visitors can also view Murakami's collection of important calligraphy works and precious related materials.

Ovamazumi Shrine Treasury D-1 ■ 8:30am - 5:00pm ■ ¥1,000 ■ None





9:00am - 5:00pm C None

features a center selling local specialty

This shrine, surrounded by a camphor tree grove, has long been a home to the god of the sea and the samurai. The treasure museum contains the largest collection of samurai armor in the country, including nany designated important cultural properties



get off at ! Setoda Port , take the (1) ferry from

Setoda Port to Onomichi Port.

Road Side Station "Hakata S·C Park" 🔷 Road Side Station "Tatara Shimanami Park'

Tatara Bridge and see a beautiful view. After a brief stop at the Santo Murakami

national treasures on display at the treasure museum offer a spiritual respite.





