Takamiyama Observatory Deck

The observation deck offers views on all four sides where visitors can look out over the island-dotted Seto Inland Sea to the Shikoku Mountains.

Takamiyama Iki-iki Kan

There's also a restaurant using local ingredients. Try the delicate orchids. The restaurant makes good sale, as well as locally prepared specialties and produce.

Innoshima Ornament Park

Takamiyama Iki-iki Kan

Some people come all the way to Hakatajima near the Hakata-Oshima bridge to Hakatajima while looking down on the ruins of Noshima castle. Stop to watch the rapid tidal current of the Funaori Seto Strait Stunning Deck.

Yoshiumi Iki-iki Kan

Poor weather days

Two courses: Close up on duty). Local shops and temples are just a step away.

Onomichi Station

A hub for JR trains, highway busses, and ferries. Also has a tourist information desk (English speaking staff on duty). Local shops and temples are just a step away.

Onomichi Ferry Boat

This ferry connects Onomichi and Mukaishima in just four minutes. It crosses the narrower, river-like Seto Inland Sea to the Shikoku Mountains. Where visitors can look out over the island-dotted Seto Inland Sea to the Shikoku Mountains.

Accessing three glorious suspension bridges, take a break at the Yoshiumi Rose Park. There is the home of the Murakami Kaizoku after cycling about 20m. The Suigun Skyline is the site of a steep cycling course for advanced riders.

Innoshima Iki-iki Kan

From Setoda Port to the Kosanj Temple Museum, explore the old fashioned atmosphere while having a meal or shopping for souvenirs.

Setoda Sunset Beach

800m of white sandy beach and a seaside sports park. The beach features facilities for marine sports, camping and a restaurant. Stay around for the gorgeous red sly at sunset.

Onomichi Sunset

Breathtaking Ocean Views

A Cycling Route with Breathtaking Ocean Views

Shimanami Kaido

Bike Touring Guide Map

Setouchi Shimanami Kaido

IMABARI ONOMICHI

70km / 8-10 hours

Shimanami Japan

Honsen-Shihoku Bridge Expressway Association

Setouchi Shimanami Kaido, which connects the towns of Onomichi and Imabari, is primarily a bicycle route, but the bridge segments of the route are also open to cyclists and pedestrians. Alongside the highway is a cycling route, and there are rent-a-cycle terminals stationed in several places along the route. It’s easy to borrow a bicycle and enjoy cycling while seeing a beautiful view of island hopping in the Seto Inland Sea.

Takamiyama Iki-iki Kan

Ruins of Noshima castle. Stop to watch the rapid tidal current of the Funaori Seto Strait Stunning Deck.

Murakami Suigunjo Castle

The Murakami Kaizoku were active in the 15-16th centuries, controlling traffic and trade on the Seto Inland Sea. Visitors can try on kimono and armor for free.

Onomichi Amenity Park

How to return to Onomichi using public transportation:

See details to the left and on the map on the reverse.

Innoshima Amenity Park

Okinada-aoiku Channel is a symbol of this port town. Cross the channel by ferry and see some beautiful orchids at the Mukaishima Orchid Center and admire the beautiful view of the island-dotted Seto Inland Sea from the top of Mt. Takami Mountain, 283m above sea level. Cross the white suspension bridge to get to Innoshima.

Sunrise Itoyama

Shimanami Kaido

Bike Touring

GUIDE MAP

Onomichi Station

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Public Transport Information (for when you just can’t cycle anymore)

By using buses and ferries, it’s possible to leave your bicycle at the nearest rent-a-cycle terminal and take public transport back to your starting point. Ferries allow bicycles on board as well. Check the map on the reverse for locations of bus stops and ferry landings.

Five Rules for Safe Cycling (Japan Police)

1. Stick to the car lane, using the pedestrian lane only when necessary.
2. Keep to the left side of the road.
3. Pedestrians have the right of way. Avoid pedestrians by switching to the bicycle lane.
4. Obey safety rules. A. No drunk driving B. No riding side-by-side C. Use a light at night D. Wear a helmet

Location Marker
Signboards that indicate the distances from the landmark in each island are located at intervals of 500 meters along the cycling roads.

In case of an emergency, when calling the police, ambulance and rent-a-cycle terminals please use these location markers to tell where you are. They are conveniently placed on curbs, seawalls and guardrails along the ocean.

Safe Cycling
Be sure to watch out for cars and pedestrians. There is a steep incline in the transition between each island and the road, so be sure to maintain control of your speed.

The Shin-Onomichi bridge and the Onomichi bridge are closed to bicycles. Please use a ferry for this leg of the journey.

If There’s An Accident 110 (Police) 119 (Ambulance)
These emergency numbers can be called at no charge. Whenever possible, have a Japanese speaker make the call.

For more information, please visit the official website.

Recommended Cycling Course

Senkoji Park

This local classic features soy sauce-flavored soup, stock made from chicken and Seto inland Sea fish (such as tuna and mackerel), along with a topping of pork back fat, Cots 4400 to 4600 per person.

Imabari Castle

This castle park spreads out along the south side of Seto Inland Sea and its many beautiful islands.

Imabari Castle is the center of this castle town. Tour manufacture is the main local industry.

Imabari is outstanding for yakitori chicken in Japan. The style of cooking it on an iron griddle is unique to this area. A popular menu item at local yakitori restaurants is a type of fried chicken called "Senbazaki". Staff at the Imabari Area Tourist Information center at JR Imabari Station have information about local yakitori restaurants.

Recommended Cycling Course

Mukaishima Is.

Take the ferry through beautiful islands.

Onomichi

Wend your way through narrow, maze-like streets in this nostalgic old town full of temples and shrines. Several films have been shot here, and many visitors like to retrace their favorite scenes, walking along the quiet lanes.

Recommended Cycling Course

Mukaishima Is.

Take the ferry through beautiful islands.
Ehime Prefecture

The island’s famous Oshima stone (granite) lines the seaside near the flat course.