

(For Individuals)

" Infectious Disease Control and Safety Measure Guidelines for the users "

Thank you for your cooperation in the following items in order to use the rental bicycle safely.

1. Please wear a mask and take measures against heat stroke.
  - (1) Please wear something equivalent to a mask.

Some transportations and shops are only available with a mask.  
We ask for your consideration in order to prevent the spread of infection.
  - (2) Exercise with a mask on for a long time is said to cause heat stroke.

If you are cycling on a hot and humid day and you have a clear social distance, please judge whether to remove a mask or not by your own.
  - (3) We advise you to drink water frequently as a measure against heat stroke and take a break in the shade when you feel unwell.
  
2. Please disinfect your hands before using the bicycle.
  - (1) Parts that come into contact with hands, such as the handlebars of bicycles, are cleaned in advance.
  - (2) Please use the disinfectant solution prepared for each rental cycle terminal.
    - \* Please judge the use including allergy by yourself.
  
3. Be sure to wear a helmet when cycling in Ehime Prefecture.
  - (1) Both Ehime Prefecture and Imabari City are strongly encouraged to wear helmets according to regulations.

A helmet will be rent to customers planning to cycle in Ehime Prefecture.
  
4. Please refrain from using if you feel unwell such as higher body temperature than usual.
  - (1) If you have a temperature of 37.5 degrees or higher or if you feel unwell before departure, please refrain from using the bicycle.
  
5. Please wear a mask and avoid "3 C's" as much as possible during cycling.
  - (1) Wear masks at stores, indoors, and at tourist spots with a lot of people, and keep a distance to avoid "3C's".
  
6. Please gargle and wash your hands after using the bicycle.
  - (1) You can prevent infection by frequently gargle and wash your hands.
  - (2) Gargle and wash your hands thoroughly before eating or after using your bicycle.

Please check the guidelines of the country and policies of each prefecture as necessary, and take appropriate actions to understand and cooperate with infectious disease control and safety measures.

(For Group)

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  - (3) We advise you to drink water frequently as a measure against heat stroke and take a break in the shade when you feel unwell.
  
2. Please make sure that there are enough gaps when gathering to avoid crowding.
  
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